



4 DAY MX TRAINING CAMP MAREEBA MX TRACK

THURS 14TH - SUN 17TH JAN 2010

FIRE INTO YOUR 2010 MX SEASON WITH THE TOOLS YOU NEED TO GO RACING. WE WILL COVER THE FOLLOWING PLUS MORE.

- * RIDER TECHNIQUE
- * SKILLS TRAINING
- * HYDRATION & NUTRITION
- * SIMULATED MOTOS
- * SPRINTS
- * HOW TO TRAIN
- * BIKE SET UP
- * SUSPENSION
- * STARTS
- * LINE SELECTION

THE CLUB CANTEEN WILL BE OPEN ALSO

ENTRIES AVAILABLE AT WWW.URKYM.COM



GET IN QUICK TO SECURE YOUR POSITION

